Please read for some important instructions for your upcoming breath test for bacterial overgrowth and/or lactose intolerance.

PATIENT INSTRUCTIONS AND PRECONDITIONS:
1. This is a fasting test, the patient should have nothing to eat or drink after 10 p.m. the night before the test except water.

2. The day before the test the patient should not eat high-fiber foods.

3. Patient should be off all antibiotics at least 14 days before testing.

4. No smoking one hour prior to or during testing. Parents or guardians accompanying children should not smoke in the presence of the child before testing.

5. Please bring all insurance cards and a picture I.D.

6. Please bring the request for testing if your physician gave it to you.

Please call (716) 626-7920 for an appointment.

Testing locations:
• Conventus Building, 1001 Main St, 2nd Floor, Buffalo, NY 14203
• 3900 Union Rd, Suite 600, Cheektowaga, NY 14225
• 2290 Delaware Avenue, Suite 700, Buffalo, NY 14216
• 5959 Big Tree Rd, Suite 101, Orchard Park, NY 14127